



CARLTON  
BLANCHARDSTOWN

*Sunday lunch*  
MENU



# SUNDAY LUNCH MENU

Available in the Urban Kitchen Restaurant

**Sundays | 1pm - 5pm**

2-Course Menu & 3-Course Menu available

## STARTERS

### Hot and Spicy Chicken Wings

Drenched in our signature Louisiana hot sauce, served with blue cheese dip  
(Contains: 1 wheat, 7, 14)

### Thai-Style Fish Cakes

Blend of seafood, aromatic herbs and spices, coupled with a tangy dipping sauce (Contains: 1 wheat, 3, 4, 7)

### Chef's Homemade Soup of the Day

Served with house baked brown soda bread (Contains: 1 wheat, 7, 9)

### Crispy Mozzarella Sticks

Golden-brown panko mozzarella sticks with a gooey center served with a side of tangy marinara dipping sauce (Contains: 1 wheat, 3, 4)

## MAINS

### Butter Roast Stuffed Turkey and Ham

Seasonal vegetables & potatoes, roasted gravy and cranberry sauce  
(Contains: 1 wheat 7, 9, 12)

### Pan Fried Fillet of Hake

Seasonal vegetables & potatoes, cream leek sauce (Contains: 4, 7, 9, 12)

### Slow Cooked Irish Short Rib

Seasonal vegetables & potatoes, Bordelaise sauce and Yorkshire pudding  
(Contains: 1 wheat, 3, 7, 9, 12)

### Supreme of Corn Fed Chicken Creamy Mushroom Sauce

Seasonal vegetables & potatoes (Contains: 7, 9, 12)

### Wild Mushroom and Pea Risotto

Drizzled with black truffle oil, parmesan crisp (Contains: 7)

### Grilled Irish Sirloin Steak (€10 supplement)

Roasted flat top mushroom, tomatoes, onion rings, Brandy pepper sauce or garlic butter (Contains: 1 wheat, 3, 7, 12)

## DESSERTS

### Warm Chocolate Brownie

With vanilla ice cream (Contains: 3, 7)

### Homemade Bramley Apple Pie

Served with Paganini vanilla ice-cream & crème anglaise  
(Contains: 1 wheat, 3, 7, 12)

### Warm Homemade Sticky Toffee Pudding

With toffee sauce & vanilla ice-cream (Contains: 1 wheat, 3, 7, 6)

### Baileys Irish Cheesecake

With fruit coulis and Chantilly cream (Contains: 1 wheat, 3, 7)

#### Allergen key:

Cereals / 1 Wheat / 1a Oats / 1b Barley /  
2 Crustaceans / 3 Eggs / 4 Fish /  
5 Peanuts / 6 Soybean / 7 Dairy / 8 Nuts /  
9 Celery / 10 Mustard / 11 Sesame Seeds /  
12 Sulphur Dioxide / 13 Lupin / 14 Molluscs