



## **WELCOME TO THE HOURGLASS BAR**

**at the Carlton Hotel Blanchardstown**  
Church Road, Tyrrelstown, Dublin 15



# HOURGLASS

## -STARTERS-

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### **Soup of the Day | €8.50**

chef's daily homemade soup of the day served with a wholegrain soda bread (1 wheat, 7, 9, 12)

### **Wild Forest Mushroom Bruschetta | €13.00**

cream and roasted garlic sauce, sourdough toast (1 wheat, 7)

### **Thai-Style Fish Cakes | €13.50**

made with a blend of seafood, with aromatic herbs and spices, served with sweet chilli sauce (1 wheat, 2, 3, 4, 7, 12)

### **Louisiana Hot Chicken Wings | €13.00, large €17.50**

fried to crispy perfection and coated in tangy buffalo sauce, served with blue cheese dressing (7, 10)

### **Tradition Caesar Salad | €13.00**

crisp romaine lettuce tossed in Caesar dressing with Parmesan, garlic croutons and bacon bits (1 wheat, 3, 7, 9, 10)

### **Grilled Tiger Prawns | €14.50**

in garlic and chilli oil with fresh ciabatta (1 wheat, 2, 7)

### **Cured Meats and Bocconcini | €13.50**

with sun-dried tomatoes, rocket salad and a drizzle of pesto dressing (7)

### **Spicy Halloumi Fries | €12.50**

served with hot honey dipping sauce (1 wheat, 7)

### **House Special Garlic Bread | €9.00**

two toasted ciabatta halves with melted mozzarella and rich garlic butter (1 wheat, 7)

## -SALADS-

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### **Super Food Salad | €17.50**

hearty and healthy mixture of quinoa, red quinoa, diced tomatoes, broad beans, chickpeas, yellow peppers, green peppers, red peppers, pumpkin seeds and baby mixed leaves

#### Choose your protein:

grilled chicken (9) | add €6

baked Cajun salmon (4, 9) | add €8

grilled prawns (2, 9) | add €8

### **Cajun Chicken Caesar Salad | €21.95**

crisp romaine lettuce tossed in a classic Caesar dressing, topped with a grilled chicken breast, Parmesan shavings, crispy garlic croutons and crispy bacon bits (3, 7, 10)

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**Allergens:** Gluten / **1** wheat / **1a** oats / **1b** barley / **2** Crustaceans / **3** Eggs / **4** Fish / **5** Peanuts / **6** Soybean / **7** Dairy / **8** Nuts / **9** Celery / **10** Mustard / **11** Sesame Seeds / **12** Sulphur Dioxide / **13** Lupin / **14** Molluscs



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## HOURGLASS

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### -MAINS-

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**Double Smashed Cheeseburger | €20.50**

topped with lettuce, tomato, onion, crispy bacon, homemade burger sauce and served with chunky chips  
(1 wheat, 3, 7, 10, 11, 12)

**Southern Fried Chicken Burger | €20.50**

toasted chipotle bap, rainbow slaw, lettuce, tomato, garlic mayo, served with seasoned fries (1 wheat, 3, 7, 10, 11, 12)

**Roast Stuffed Chicken & Honey Glazed Ham | €23.95**

served with seasonal vegetables, creamy mash and roasted gravy (1 wheat, 7, 9, 10, 12)

**10 oz Angus Sirloin Steak | €38.00**

chargrilled to your desired temperature, served with grilled tomato, roasted flattop mushroom, onion rings, chunky fries and pepper sauce (1 wheat, 7, 9, 10, 12)

**Thai Green Chicken Curry | €22.50**

rich curry sauce infused with aromatic spices and served with jasmine rice and naan bread (1 wheat, 7, 9, 10)

**BBQ Baby Back Ribs | €24.50**

served with butterbean stew, coleslaw and chips  
(3, 7, 9, 10)

**Spinach & Ricotta Tortellini | €19.00**

served in a savory tomato sauce with garlic bread and garnished with Parmesan cheese (1 wheat, 3, 4)

**Classic Fajita Style Chicken Sizzler | €23.50**

flour tortillas, sour cream, guacamole, chips (1 wheat, 7)

**Fish 'n Chips | €24.50**

served with a generous portion of chunky chips and tartar sauce (1 wheat, 2, 3, 4, 7, 10, 12)

**Southern Fried Chicken Strips | €19.95**

with a roast garlic dip, a side salad and fries  
(1 wheat, 3, 7, 10, 12)

**Grilled Angus Steak Sandwich | €23.50**

with sauteed onions, rocket, garlic aioli, chunky chips, pepper sauce (1 wheat, 3, 7, 12)

**Slow-Cooked Lamb Shank | €29.50**

served with spring onion mash, root vegetables and rosemary gravy (3, 7, 12)

**Beef and Guinness Casserole | €21.95**

beef slow-cooked with Guinness, vegetables and herbs, served inside a large, crispy Yorkshire pudding and topped with creamy mashed potatoes (1 wheat, 3, 7, 9, 12)

**Sharing Platter | €38.00**

2 beef sliders, chicken wings, onion rings, southern fried chicken strips (1 wheat, 3, 7, 10, 12)

\*Add extra dipping sauce to your meal for €3

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### -PIZZAS-

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**Margherita | €16.00**

traditional tomato sauce, melted mozzarella cheese and fresh basil leaves (1 wheat, 7)

**Goat's Cheese and Red Onion | €18.50**

caramelized red onion, goat's cheese and rocket (1 wheat, 7)

**Pepperoni | €18.50**

pepperoni slices (1 wheat, 7)

**Spicy Meat | €19.50**

pepperoni, sausage and bacon (1 wheat, 7)



## HOURGLASS

### -SIDES-

**Crispy Double Cooked Chunky Chips | €6.00**

(12)

**Crispy and Golden French Fries | €6.00**

(12)

**Chef's Mixed Side Salad | €6.00**

vibrant mix of crisp lettuce, cherry tomatoes, cucumbers, and house dressing (10, 12)

**Vegetable Selection | €6.00**

medley of seasonal steamed vegetables (7)

**Spring Onion Mashed Potato | €6.00**

(7, 12)

**Loaded Fries | €8.00**

choose between garlic & cheese or curry sauce

(3, 7, 10, 12)

\*Add extra dipping sauce to your meal for €3

### -DESSERTS-

**Brownie (GF) | €9.00**

decadent and rich, served warm and topped with a scoop of vanilla ice cream and a drizzle of chocolate sauce (3, 7)

**Layered Opera Cake | €9.00**

almond sponge layered with ganache, coffee syrup and French buttercream (1 wheat, 3, 7, 8 almond)

**Apple Cinnamon Crumble | €9.00**

served warm with a scoop of vanilla ice cream (1, 3, 7, 12)

**Sticky Toffee Pudding | €9.00**

with Chantilly cream (1 wheat, 3, 7)

**Burnt Basque Vanilla Cheesecake | €9.00**

topped with blueberry compote (1 wheat, 3, 7)

**Selection of Dairy Ice Cream | €8.00**

ask your server for available flavours (7)

### -TEA & COFFEE-

**Tea | €3.50**

**Herbal Tea | €3.90**

**Espresso | €3.70**

**Double Espresso | €4.00**

**Americano | €4.00**

**Decaf Coffee | €3.50**

**Latte (7) | €4.60**

**Cappuccino (7) | €4.60**

**Flat White (7) | €4.50**

**Mocha (7) | €4.60**

**Hot Chocolate (7) | €4.50**

\*Add dairy free milk alternative | + €0.50

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All prices are in Euro and include 13.5% VAT.

If you suffer from a food allergy, please let your server know. While every effort is made to accommodate guest's allergies, please be aware that all 14 allergens are in use in our kitchen.